

NAD⁺ DOSING

PROVIDER GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

Reconstitution Instructions for our 1000mg, 5mL vial

Add 5mL bacteriostatic water → **200mg/mL** concentration

Dose	Amount	Frequency
Starting	50mg (25 units)	Daily
Ramp-Up	100–150mg (50-75 units)	Every 3 Days
Maintenance	100–200mg (50-100 units)	Weekly



Suggested Dose
50mg – 150mg



Administration Method
Subcutaneous



Dose Frequency
50mg daily or 100 – 150mg twice per week



Peptide Class
Coenzyme



Primary Benefit
Cellular rejuvenation



Notes
Single dose not to exceed 250mg