

# Tesamorelin DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

# Reconstitution Instructions for our 10mg vial

Add 1mL bacteriostatic water → **0.1mg/unit** concentration

Dose	Amount	Units
Starting	1 mg	10 units
Ramp-Up	1.5 mg	15 units
Maintenance	2 mg	20 units



### **Suggested Dose**

1mg to 2mg (10 to 20 units)



## Administration Method

Subcutaneous



# **Dose Frequency**

5 days on, 2 days off



### **Peptide Class**

GHRP



### **Primary Benefit**

Stimulates the release of growth hormones, increased IGF-1, and decrease fat



### **Notes**

Taken before bedtime