

# Sermorelin

## DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

### Reconstitution Instructions for our 5mg and 10mg vials

Amount in Vial	Bac Water	Amount	Unit
5 mg	1mL	500 mcg	10 Units
5 mg	1mL	2 mg	40 Units
10 mg	2mL	500 mcg	10 Units
10 mg	2mL	2 mg	40 Units



#### Suggested Dose

500 mcg - 2 mg



#### Administration

##### Method

Subcutaneous



#### Dose Frequency

5 day on,  
2 days off



#### Peptide Class

GHRH



#### Primary Benefit

Improved muscle strength,  
growth, and repair.



#### Notes

Fasted - 2 hours before first  
meal or before bed or split