

SLU-PP-332

DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

Instructions for our 60 tablets per bottles (250 mcg) and (1mg)

| Amount in Bottle | Dosing | Amount | Unit/Tablet |
|-------------------------|----------|---------|-------------|
| 250 mcg (60 Tablets) | Starting | 250 mcg | 1 tablet |
| 250 mcg (60 Tablets) | Maximum | 1.5 mg | 6 tablets |
| 1mg (60 Tablets) | Starting | 250 mcg | 1/4 tablet |
| 1mg (60 Tablets) | Maximum | 1.5 mg | 1.5 tablets |



Suggested Dose
250 mcg to 1.5mg



Administration Method
Oral Tablets



Dose Frequency
1 to 3 times daily



Peptide Class
Pan-agonist of estrogen-related receptors (ERRs)



Primary Benefit
Inflammation control, immune support, and tissue repair



Notes
For weight loss lower dose
For lean muscle higher dose