

# MOTS-C

## DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

### Reconstitution Instructions for our 10mg vial

Add 1mL bacteriostatic water → **0.1mg/unit** concentration

Dose	Amount	Units
Starting	5 mg	50 units
Ramp-Up	75 mg	75 units
Maintenance	100 mg	100 units



#### Suggested Dose

5mg - 10mg  
(50 units - 100 units)



#### Administration Method

Subcutaneous



#### Dose Frequency

1 injection every  
5 days for 20 days



#### Peptide Class

Mitochondrial-derived  
peptide (MDP)



#### Primary Benefit

Mitochondrial function

#### Notes

- \*\* If type 2 diabetic, 1mg EOD to lower blood sugars
- \*\*\* Lower dose 5mg (50 units) will require 2 bottles for the cycle
- \*\*\*\* Higher dose 10mg (100 units) will require 4 bottles for the cycle