

MGF (IGF-1Ec)

DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

Reconstitution Instructions for our 2mg vial

Add 2mL bacteriostatic water → **0.025mg/unit** concentration

Dose	Amount	Units
Starting	200 mcg	8 units
Ramp-Up	400 mcg	16 units
Maintenance	600 mcg	24 units



Suggested Dose

200 mcg - 600 mcg
(8 to 24 units)



Administration Method

Subcutaneous



Dose Frequency

After work out



Peptide Class

Insulin-like Growth
Factor-1 (IGF)



Primary Benefit

Promote muscle
regeneration, activation,
and proliferation



Notes

Run as needed for
muscle repair
and recovery