

Follistatin 344 (95%)

DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

Reconstitution Instructions for our 1mg vial

Add 1mL bacteriostatic water → **0.01mg/unit** concentration

Dose	Amount	Units
Starting	200 mcg	20 units
Ramp-Up	N/A	N/A
Maintenance	N/A	N/A



Suggested Dose

200mcg
(20 units)



Administration Method

IM



Dose Frequency

4 bottle cycle over
10 to 20 days



Peptide Class

Glycoprotein



Primary Benefit

Promotes increased
muscle mass, strength,
and development.



Notes

3X Annually