# Brain Blend
## DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

## Instructions for our 60 tablets per bottles

| Amount In Bottle | Dosing | Amount | Unit/Tablet |
| --- | --- | --- | --- |
| 622.5 mg (60 Tablets) | Starting | Dihexa 10mg Tesofensine 0.25mg BPC-157 0.125mg | 1 tablet 10.375 mg |

**Suggested Dose**
10.375 mg
(1 Tablet)

**Administration Method**
Oral Tablets

**Dose Frequency**
Up to 2 tablets daily

**Peptide Class**
Oligopeptides or Polypeptides

**Primary Benefit**
Enhance cognition and support long term brain function

**Notes**
1 tablet in morning fasted