

BDNF

(Brain-derived neurotrophic factor)

DOSING GUIDE

The chart below shows various dosing options coupled with the amount (in mg) and frequency for each dose. Dosing should be determined by the physician on an individual patient basis.

Reconstitution Instructions for our 10mg vial

Add 2mL bacteriostatic water → **0.1mg/unit** concentration

Dose	Amount	Units
Starting	200mcg	4 Units
Ramp-Up	250mcg	5 Units
Maintenance	300mcg	6 Units



Suggested Dose

200mcg – 300mcg
(4 to 6 units)



Administration Method

Subcutaneous



Dose Frequency

Daily



Peptide Class

Neuropeptide



Primary Benefit

Improve brain function,
cognition, mood
regulation, and memory



Notes

None